

MIDDLETOWN VALLEY FAMILY MEDICINE

Health History Intake Form

Today's Date: _____

Patient Name: _____

Date of Birth: _____ Age: _____

Previous Primary Care Physician (If Any): _____

Phone: _____ Address: _____

Other physicians involved in your care: _____

Allergies: (medication, food; please indicate reaction if any) _____ none

_____	_____
_____	_____
_____	_____

Medication List: (Please list name/dose/frequency; include vitamins and herbs)

_____	_____
_____	_____
_____	_____
_____	_____

Family History: (please indicate deceased or alive, medical issues, and age)

Relative	Age	Living/Deceased	Cause of Death	Medical History
Father	_____	L/D		
Mother	_____	L/D		
Siblings	_____	L/D	_____	_____
_____	_____	L/D	_____	_____
_____	_____	L/D	_____	_____
Maternal Grandmother	_____	L/D		
Maternal Grandfather	_____	L/D		
Paternal Grandmother	_____	L/D		
Paternal Grandfather	_____	L/D		
Children				
_____	_____	L/D	_____	_____
_____	_____	L/D	_____	_____
_____	_____	L/D	_____	_____

Has a family member had a heart attack or stroke prior to age 50? **Y/N**

Habits:

Alcohol: none Yes: Drinks per day _____ frequency/week _____ what kind _____
Tobacco: none Yes: Chew or smoke _____ How many/day _____ Since _____
Caffeine: none Yes: What Kind _____ How many/day _____
Other Recreational Drugs: none Yes: What Kind _____ How many/day _____
Do you drive? Yes No Do you always wear a seatbelt? Yes No
Do you exercise? Yes No If yes, how much? _____

Social History:

Work: Employed Unemployed Retired Disabled
Current Occupation: _____
Marital Status: Married Single Divorced Domestic Partner Widowed
Sexual Preference: Men Women Both Refused
Children (ages): _____
Hobbies: _____
Sports: _____
Pets: _____
Other: _____

Past Surgical History (Please indicate Date and Doctor)

None Bariatric Surgery _____
 Cataracts _____ Hysterectomy _____
 Lasik _____ Endoscopy _____
 Tonsillectomy _____ Colonoscopy _____
 Thyroidectomy _____ Hernia _____
 Adenoidectomy _____ Spinal Surgery _____
 Coronary Bypass _____ Tubal Ligation _____
 Cardiac Stents _____ Bladder Surgery _____
 Pacemaker _____ Prostate Surgery/resection _____
 Heart Valve _____ C-Section _____
 Gall Bladder _____ Orthopedic/Joints _____
 Appendectomy _____ Hemorrhoidectomy _____
 Bowel/Stomach Resection _____
 OTHER _____

Preventive Care: When was your last:

Tetanus Booster _____ Flu Shot _____ Pneumonia Vaccine _____ Hepatitis Vaccine _____
Flexible Sigmoidoscopy/Colonoscopy _____ Bone Density _____
Dental Exam _____ Eye Exam _____

FEMALE ONLY: Self breast exams? **Y/N** Do you see an OB/GYN? **Y/N** Who _____
Last Mammogram? _____ Last PAP Smear _____ Last menstrual period _____

MALE ONLY: Self testicular exam? **Y/N** Erectile Dysfunction? **Y/N**
Last Prostate blood test (PSA) _____ Last Prostate/Rectal Exam? _____

Past Medical History: (Please check Yes or No. If yes, Please indicate Date and Treating Physician)

Medical Hx	Yes	No	Date	TREATING PHYSICIAN
Headaches				
Stroke				
Seizures				
Pneumonia				
Diabetes (Type 1 or Type 2)				
Thyroid Disease				
Glaucoma				
Macular Degeneration				
Hearing Loss				
High Blood Pressure				
Blood Clots				
<input type="checkbox"/> Pulmonary (Lung Clots)				
<input type="checkbox"/> DVT (Leg Clots)				
Heart Burn, Reflux				
Stomach Ulcers				
Heart Disease				
<input type="checkbox"/> Coronary Disease				
<input type="checkbox"/> MI/Heart Attacks				
<input type="checkbox"/> Congestive Heart Failure				
<input type="checkbox"/> Atrial Fibrillation				
<input type="checkbox"/> Angina				
<input type="checkbox"/> Valve Disorder				
High Cholesterol				
Gastrointestinal Bleeding				
Hepatitis (A,B,C)				
HIV/AIDS				
Chronic Wounds				
Cancer (Type)				
Urinary Tract Infections				
Incontinence				
Kidney Stones				
COPD (Emphysema, Bronchitis)				
Asthma				
Depression				
Bipolar Disorder				
Anxiety				
Fibromyalgia				
Chronic Fatigue Syndrome				
Arthritis				
Gout				
Osteoporosis				
Prostate Disease				
Breast Disease				
Erectile Dysfunction				

Other: _____

Please check any that apply to you: _____no problems

General

- Fever
- Sweats

Mental Health

- Insomnia
- Guilt
- Depression
- Anxiety
- Suicidal thoughts

Neurological System

- Numbness
- Tingling
- Headaches
- Weakness

Endocrine System

- Excessive urination
- Excessive thirst
- Fatigue
- Heat intolerance
- Cold intolerance

Respiratory

- Cough
- Shortness of breath
- Wheezing
- Shortness of breath with exertion

Skin

- Rash
- Changing mole
- Itching
- Slow healing wounds

Allergy

- Seasonal allergies
- Sneezing
- Runny Nose
- Nasal congestion
- Post nasal drip

GI System

- Nausea
- Vomiting
- Constipation
- Abdominal pain
- Diarrhea
- Blood in stool

Ears/Nose/Throat

- Ear pain
- Runny nose
- Sneezing
- Post nasal drip
- Swelling

Cardiovascular

- Chest pain/pressure
- Ankle swelling
- Palpitations

Nutrition

- Special diet
- Weight gain/loss

Eyes

- Changing vision
- Blurred vision

Genitourinary

- Urinary frequency
- Burning with urination
- Blood in urine
- Problems urinating
- Awaken at night to urinate
- Problems with sex
- Exposure to sexually transmitted disease

Musculoskeletal

- Joint swelling
- Joint pains
- Muscle pains

Hematologic System

- Easy bruising
- Easy bleeding
- Hard to stop bleeding

Middletown Valley Family Medicine

Family Medical History Form

Please complete the form below to the best of your knowledge. Indicate which family members have the following medical conditions by placing a check in the open boxes.

Patient Name: _____ D.O.B: _____ Date: _____

Medical Condition	Father	Mother	Brother (Full)	Sister (Full)	Son	Daughter
Alzheimer's						
Alcoholism						
Asthma						
Bleeding Disorder						
Cancer (Specify Type)						
Cirrhosis						
Depression						
Diabetes Type 1						
Diabetes Type 2						
Heart Disease (i.e. heart attack, bypass surgery, stent placement, sudden death)						
Hepatitis (Specify Type)						
Hyperlipidemia (i.e. High Cholesterol)						
Hypertension (i.e. High Blood Pressure)						
Inflammatory Bowel Disease (i.e. Crohn's or Ulcerative Colitis)						
Kidney Disease						
Lupus						
Mental Illness						
Migraine						
Multiple Sclerosis						
Osteoporosis						
Psoriasis						
Rheumatoid Arthritis						
Seizures						
Stroke (CVA)						
Thyroid Disease						
Other						